## Reshaping Reality – A Matter of Practice

I am Isis, Your Divine Voice. There is such an increasing joy and ease in this new way of communicating with you. Your I Am was never truly separated from you; there have been only barriers of consciousness created for the sake of the illusion of separation.

As the veil continues to thin out, it is not much so that your soul is able to come to the Earth, it is that your humanness is beginning to recognize, accept and constantly invite in the presence of it into the human "portion" of you. What you have truly been releasing are thick blocks of built-up energy which prevented you from seeing beyond your nose, literally.

As your awareness increases, you realize more and more parts of your multiplicity. The magic now lies in realizing that it is the HUMAN you who is directing the orchestra. Magic we say, challenge you may think.

And this is precisely what we want to address this time, and for that we might need to get a bit technical. But we want to invite you to open up to the Divine Intelligence and to understanding with your Body of Consciousness, not only with your mind.

The first point is change. You have begun to acknowledge that the true nature of Creation is movement and flow, and this is why stuck or built-up energy causes certain disruptions (which we know may sound as an understatement!), but in the grander picture, it has been the experience of duality and separation which has allowed us to come to the realization of it in the end.

But back to change, there is not a prescribed or correct speed for the flow of change. However, the experience within the dimensions of time and space has created in humans and matter something we can call the NEED OF PERMANENCE. This is a byproduct, first of the design of matter itself, and second, of the consciousness that has intended to limit perception of reality only to tangible things.

So we now have a physical reality striving to serve you as you had programmed it to - to change as slow as possible in order to provide the illusion of permanence.

And we have now this increasing number of humans accepting and inviting in a whole new consciousness, which is undermining the foundations of both personal and co-created reality. You are brave indeed, because you have been doing this more and more as divine humans who are choosing to remain embodied on Earth.

So by sensing into the nature of 3D reality, which to a certain degree also contains your physical body, let's go to our next point: time and space as definers of experience.

In spite that only a part of your consciousness inhabits the 3D /time & space dimension, the awareness of your physical bodies is so strong and pulling that you can hardly perceive out of it, but this is changing fast. Every time you open your eyes or touch an object, it seems that what you see or touch is exactly the same as before. But it is definitely not so; it is only your programmed perception that limits you from

realizing the change that you are affecting on your surrounding reality. And the worst part of your experience comes when you start to THINK that, despite your conscious choices nothing is changing, so something must have gone wrong.

Thus, we have that humans are undergoing the deepest transformation ever, in every level and dimension, but are still unable to quite realize that all is actually well. Remember that each of your creations is perfect (aspects, experiences, situations, stories) for it fully brings about what it has been created for, but any of those creations may no longer be appropriate for you, although that is for you to choose.

Therefore, you have been encouraged to trust, to get out of your minds (given that your old mind's programming is going through a deep crisis, it cannot be relied on, though we do not mean that it is bad thing), and to focus on creating pleasant sensual experience, since joy and gratitude provide a relaxing sensation that helps you to allow more and more.

However, trust encounters a severe hindrance when you face circumstances that are still interpreted by your senses as the same as always, and sometimes even worse than before.

Let's give you an example. You have a deep experience with your soul in which sense unprecedented love, expansion and freedom. And a couple of days later, you have an accident, get sick, or have other type of apparent setback, which you interpret as a "problem to be solved" in terms of 3D/ time &space; but what if it is rather the next step of transformation? Can you consider that the physical discomfort you are having does not necessarily means that something is wrong, that you are releasing something? Maybe it's just giving you the opportunity to get you to your next step of realization of your totality.

So we are coming to you now with an important reminder: You are the Master of your experience, as Adamus has said, what means that it is you who determines how to experience and feel about such circumstances. Do you go through your human imperfections with old judgments, or with compassion? Remember that compassion is not a paradoxical and single-sided emotion of love or liking, but a place where things just are. Have you realized that when you stay long enough in your place of compassion, you end up laughing at you or at the situation, realizing that it doesn't truly matter, and then you may even really love yourself despite any given flaw?

Compassion then provides you with a sense of peace and maybe even with the feeling of joy and freedom which in fact create a faster pathway for the transmutation of the energies that created the scenario for such experience in the first place.

When you are in such a space, you are actually expanding your awareness beyond 3D/T&S reality and allowing your consciousness to go quantum, this is, to be fully present in every dimension of your universe. And to a degree, you humans have always done that. However, the new species that is being created on Earth, the Divine Human, is currently developing the ability to master his/her awareness. Mastering is not a synonym of control, but rather of ownership and sovereignty.

And let us remark on something that you have already heard: Enlightened Masters in the past left very soon, since it was extremely difficult for them to actually affect co-created reality, because both the magnetic grids were very tight and they were quite alone.

The embodied experience is still challenging in this sense, because the swift change you have allowed in your individual consciousness still crashes against the old programming of permanence. But the good news is that the grids are no longer quite as tight as they used to be, and more importantly, you are not alone. Many are doing it NOW!

In addition, you are very supported by the whole of You, by angels and entities, by Gaia and her realms. We are not bringing this information as to reveal something that you don't know, but rather to let you know that you know!

One step at a time, one breath at a time, you are doing real magic. Practice owning your experience and then let go of it, a good dancing exercise indeed!

I Am Isis

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