

The Experience of Love

Virgila Aguirre and Isis, the Divine Feminine



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Foreword

In this book I am introducing Isis as she came to me, as the Goddess who has come back not only with her feminine attributes, but integrated with Adam, the Sacred Masculine. She introduces herself as our Voice, that voice we have been longing to express for so long. And accepting her as such in my own life has meant precisely to let go of my own resistances to speak out who I really am.

A couple of nights ago, while I was taking some time for myself away from my busy life as mother of two teenage girls, the usual household activities, and my current job as translator, I realized that every single experience of my life has brought me here, and I am grateful for that.

Channeling is a way of communication and translation, which are, curiously enough, my two professional qualifications. I am divorced, as so many other women at this time, and such experience has gifted me with a new sense of what being a woman is and many of the patterns we have developed in our relationships with men. I am the mother of two lovely and conscious girls who continuously gift me with their laughter and beautiful challenges, and whose love and enthusiasm have kept me going even in the darkest moments. And for all this, I am grateful too.

I am indeed a child of the Crimson Circle, which I found at the very precise moment when I was ready for it to appear. For my dearest Teachers Tobias, Adamus and Kuthumi, I feel so much honor, love and gratitude.

And for Geoff Hoppe and Linda Benyo, I can hardly find the words to express how much I bless them every day for their courageous choice to be Standards of New Energy.

My gratitude extends to so many wonderful human angels who walk with me: Gerardo, my ex-husband, for becoming the best friend I could ever imagine having; my devoted family —mother, sister and brother— for their permanent support; Pilar and German, for having lovingly assisted and grounded my first channeling experiences and helped me to trust myself; and last but not least, David McMaster, whose mastery, patience, and time have provided me with the safe space to ground Isis' energies.

As conscious beings, we are transforming reality as we walk through it, so I dedicate these Isis materials to Shaumbra —past, present, and future— for the dimension of consciousness we create together, and which is helping through each of our individual voices to bring new potentials to Earth.

THANK YOU.



Introduction

The expansion of consciousness resembles a ladder. Whatever you can see while standing on one rung can change as you move up to the next one. It does not matter which rung you are at, there is always a next one in front of you. Humanity has come to a point where what they can start perceiving as they move upwards is absolutely fantastic, but they seem to have forgotten they can step up. However, there is a stirring within many that is sometimes gently inviting, some other times strongly pushing you to open your eyes and look around for something else. You cannot see the amazing view that is potentially available to you in the next rung because your eyes are closed. Then, open your eyes dear ones, wake up!

This information is made available to you in full love and in the full recognition that the time of Divine Humans has come.

Several of the concepts that are stated here in these channeled materials may conflict with your current beliefs. In fact, this is expected to happen. Nevertheless, nothing here is intended to degrade any of the ideas or beliefs that humanity may have held up until now, whether scientific, religious, philosophical, esoteric or of any other nature. Each of those has helped to bring humanity to this point.

Therefore, as you go through these pages, take only what resonates with you and leave the rest. If you are reading this, it is probably because you have heard your own call to awaken.

Why Isis and Adam? The Divine has no name. And for such reason, it has been given a number of names in an attempt to comprehend them. So names matter and matter not. We introduce ourselves as Adam and Isis because we know these names resonate deep within your memory. We are not necessarily the

Egyptian Isis and the biblical Adam you can think of at first. In fact, those names were used in those accounts because their meaning comes from far beyond in the history of Creation.

As we meld together in human consciousness, we might be given other names. So for now, do not confuse yourselves in trying to explain them, just allow you to feel us under those names.

These materials are provided in a sacred space and contain much more consciousness than just the words.

Enjoy the ride.

In full love,

I Am Isis.

Chapter 1. The Experience of Love

I Am Isis, the Goddess, the Mother, the Voice. Yet, introducing myself only this way is limited, because I Am not without the Masculine. Recognizing my totality does not allow any further sense of separation.

Masculine and Feminine together are the whole of consciousness of what you call God. As I speak now, I am not only to be seen as the Goddess but rather as a new consciousness of the Divine, no longer in duality. This means that I, Isis, am the new Divine Feminine, complete onto myself as such, and Adam is also complete onto himself as the new Sacred Masculine, each of us carrying our feminine and masculine natures arranged in a new Way of Consciousness. We are One and Multiple at the same time, so throughout these pages we may refer to ourselves in singular or plural. Yet, for the purposes of these materials, I will still refer to Sacred Masculine and Divine Feminine, for the experience that is yielding its wisdom at this moment has been the experience of duality. And such duality is to be transcended through the understanding of what was in order to be able to transit into the new.

So, I Am Isis, known by many names, but in the simplest and fullest way, I Am the Divine Feminine.

You have known me through the forces of Mother Earth and Nature, through the loving embrace of the Virgin Mothers characterized through history in religions and myths. You have known me through endless female deities and representations. You have known me also through magic and sensuality, as sorceresses and witches, in all sorts of tales and stories conceived to keep the memory of me in your hearts and minds.

There has been the notion that the Feminine was gone, that I has left because I had been abused and mistreated.

And as I will be explaining in simplicity in the coming pages, this has been both true and false.

The history of Creation, which has been told from every standpoint that the limited human experience could ever allow and produce, is nothing but a love story.

Unfortunately, love stories have different stages, they are not always pink and sweet; they undergo severe situations, just as the love stories you have experienced yourselves. This story has contained misunderstandings and betrayals, temporary reencounters and abandonment, but also, and very importantly, it has given us so much joy, love, understanding and wisdom.

As shocking as it may seem to you at a time where your intuition cries within you that things should be better and more harmonious than what you currently are living in this beautiful planet, which appears to be so dark, terrible and threatening, I come at this time to tell you that All that you have experienced can be perceived and embraced from a grander and vaster perspective.

I know that sometimes you have been furious and frustrated because the God you were presented with, regardless of the name it may have been given, did not seem to respond to your questions, claims, and needs. And this has been because the God you long for is You. We are all God, and each of You is God also.

It has been God who has been experiencing this Creation, which has been the experience of all that we are not in order to discover what we truly are.

So, in a way that fulfills many of the old prophecies, the Goddess has come back to Earth to allow a whole new order of things.

Given that the parameters of the experience created by us all are based on duality, and therefore, on separation, we will explain part of this story in those terms, which you are ready to understand if you are reading this, with the purpose of bringing to you a glimpse of light that will let you know that you have been asleep. Living in a dream. And you are ready to awaken to a whole new consciousness of who you are.

Creation is eternal —yes— but it is in constant change and evolution. Creation and God are not perfect in the sense of something that is to be reached or achieved. Creation is perfect as it is —yes— in every present moment, for it is allowing itself to be all that it is at any given time, and then it changes into another perfect moment. I know this may be hard to grasp from the perspective of duality.

Yet, you can begin to sense that something is happening; you can perceive the change. And this change is not brought in or sent by a judging God to punish the evil ones and set a new order. This change is being brought in, created, and prompted by You, by human consciousness.

An experience yields the sweet fruits of wisdom once it is closed, when you can come to see all of the angles, twists and turns of it as a whole.

The story of Creation is that of the Divine Feminine and the Divine Masculine in separation. Each of us, Adam and Isis, have longed for completion onto each other since the very beginning, experiencing all that We are not in order to come to the full knowing of who We are.

This is why this is a time of healing, because healing is not really correcting something that may appear to be wrong, but rather giving yourself the understanding of what has been going on and using the tools available to you to release the pain and frustration of that experience to let go of it, and to allow it to move on and gift you with its wisdom.

Sometimes it may seem that love is an indescribable mystery that cannot be unveiled. Love cannot be grasped by the mind, it is not an understanding. It may be a bit more accurate to say that love is the driver of passion, creation, and experience. Nevertheless, humans are the experts of love; no matter how false this may sound within the paradoxes that condition your perspective today, you will come to see that the human experience, as disastrous as it sometimes looks, has created so much love in so many ways that you have allowed the coming back together of Isis and Adam, producing such an explosion of love throughout Creation

similar to that first one when Creation was born, but this time taking us all to a whole new stage. We are undergoing some sort of new Big Bang.

What you are living now is the closing of the experience of separation on Earth. The Way of this has been that of corruption of every dual parameter to the point of destruction or evolution. The experience of separation, as reenacted on Earth, the experience of the longing for completion, which eventually resulted in deep human pain —physical, emotional, spiritual—, has transformed the very field of love.

As the Masculine and Feminine attributes were experienced in separation they have gradually become more and more corrupted. The good news is that the depth of such corruption in embodied experience, the excruciating pain and sadness brought by it has served a purpose — it has allowed the circle of that experience to end.

In fact, rather than just sharing attributes, such were virtually exchanged. Both Masculine and Feminine took on the attributes of the other, though each still maintained their own. This way, they have been able to fully exhaust the experience of what they are NOT, in order to recognize what they are.

Feminine and Masculine switched hearts so that they could eventually come back together. Then as Light became the space of all that is recognized and accepted, Darkness has kept a secret. The longing of the separation has always been present because those two hearts remember they belong together.

The Masculine used its creative attributes, which he thought were his own, and since he could not fully bring them to fruition, he developed the need for control. Those who could handle such power better became manipulative and insatiable.

The Feminine, unable to fully hold creations either, allowed herself to be abused and controlled. This created pain and sadness. She has been submitted for eons.

After running for eons in opposite directions within a same circle, the Divine Feminine and the Divine Masculine —God in experience— were able to come face to face again. The final portion of the circle was particularly critical and challenging because it involved the full acceptance of the whole set of experiences in the very core of Divinity itself.

So now, you are witnessing the destruction at every level of the paradoxes your world is based upon in order to create space for a consciousness that allows you to heal and close the past, knowing it has never been a punishment; to receive your wisdom as a divine being while still in the awesome and courageous human experience.

We are bringing these words to you so that you can start supporting consciously your own evolution and transformation; so that you can start recognizing the attributes of your own divinity in your everyday life. Move one step at a time and soon you will realize how fast you are moving.

We intend to bring you awareness on what has been created in order to assist your humanness to understand and close any experiences which are no longer appropriate or necessary for embodied living.

So allow Us, Adam and Isis, to walk with you through the next pages so that together we can honor the grandness of being human.



Chapter 2. The Fruits of Human Search for Perfection

We are here because this amazing human experience you have created has brought God to Earth. You have wanted so much to find home, that home has come to you.

We are not exaggerating when we say that humans have changed the Omniverse. Still, we know that this is hard to believe when you look at your current life and all you can see are struggles for survival, money lack, resources that seem to be exhausting, diseases, death, war.

That is what you see now, in your private lives and on Earth. Yet, we are here because that is not all there is! You have already created a whole transformation of every concept your human minds can think of and what your hearts have ever imagined.

Then, why is it that, no matter what, you do not seem to be able to actually live it? Dear children of God, that is because you are the brave ones who, blindfolded, dared to bring evolution into Creation. You are the ones who stepped forward to find the creative solution for a Creation that had gone stagnant, beginning to run in loops.

Creation, may you believe it or not, was feeling as you feel right now: knowing deep it was not the end, but fearing it could be.

So you have recreated since the very beginning of Earth, to speak in linear time, the whole history of Creation.

Your search for perfection, your search for healing, your search for peace, which you have undertaken with so much passion and in pure love, has been the search of Creation itself.

And in this lifetime of yours, you have been experiencing individually the point Creation had reached right before Earth was created: destruction or resolution.

When Atlantis fell, there was a general sense of failure. But it was then when these Humans began to pull experience in a whole different direction. Many angels gave up on Earth at that moment and set out in other directions.

However, there was something to humans, this which has been called love, which held the human angels here. In spite that they were in the full oblivion of who they really were and what they were doing in this planet, they carried a sense of hope. Hope kept you going because deep within, it helped you to hold on to your dream, the dream of Earth, the intuition of something that could be created here on Earth and that could make Creation move again.

How? No one knew exactly how. You have believed that God knows everything, but this is not quite true. Creation is God in experience.

So many Angels, both etheric and incarnate decided to continue Earth to find out how. Humans were holding the lead.

What we will call the Earth team, above and below, committed to what each could do. Some of them, mostly those not embodied, would support humans and humans were to continue surrendering to experience.

What has been played out since then in this beautiful planet is, in a way, the most amazing experience of love, intense as only humans could do it.

We are not going to be able to describe all this experience at once. Yet, we are here to bring you the wisdom of what you have done, so that every human on Earth may eventually realize his and her own grandness.

As a start, we will say that when God asked "Who am I?" and the Masculine and Feminine consciousnesses came to be for the first time, they knew nothing about themselves. They just were.

We will not go into the details now on what happened next, we will be addressing that at another moment. When you, the children of God crossed the Wall of Fire, your consciousness, which was both Feminine and Masculine felt split for the first time. And your being began to experience itself. Masculine and Feminine consciousnesses created then masculine and feminine energies, each with specific attributes.

But what nobody knew by then was that this whole experience which was beginning to unfold so that we could answer the question "Who am I?" was going to take us to experience first what we were not. This is the paradox every Angel has been living in since then. Things were true and false at the same time because they were beings experiencing what they were not.

How do we know that now? Thanks to you, grand humans. Your experience has led the Masculine and Feminine consciousnesses full circle to the answer of their original question: I AM THAT I AM.

All the energies and paths you have been following in the search for perfection, as imperfect human beings, put you at the brink of destruction in the past century. But at the same time, the whole of consciousness had been transforming through Earth; and love and hope, two human creations which had been struggling to survive, stood forward within you and destruction was avoided.

That created a huge outburst of energy and consciousness that truly allowed the resolution of the search.

Don't struggle in your minds right now to figure this out based on time-based linear experience. For now, just take my word.

Then, as that happened, the Earth team who was not incarnate realized it was time to come in closer to bring the good news to the creators of a true miracle: Creation was moving again!

Entities began finding human channels to bring this new consciousness in. Many patterns of Earth design had to be carefully removed or overridden so that humans could start to remove the veil that had, up to that time, been part of them.

Those Angels who had been embodied but had already been able to tap into the change of consciousness were of particular importance. You call them Ascended Masters. These dear Angels and others have devoted themselves to help you remove the layers of the veil so that you could awaken. They have done this in love and compassion, little by little.

And as that occurred, we Adam and Isis, have been coming closer and closer to you. We, the Divine, your divinity, are here for you!

It has been said that the Goddess is coming back to Earth. And still within the paradox, this is true and false.

Imagine that experience runs in waves back and forth across the linear dimension of time. When God —we— realized our I Amness, we also realized it was time to bring and seed Earth first with Adam's consciousness as he could now recognize itself, and then the Feminine would be brought back in and together, the whole of the Divine would come back to human experience.

That is what you call the Christ Seed. So now we are in the end of times, as once was declared by dearest messenger Yeshua Ben Joseph, because that initial experience of Creation is over and we are finally bringing this transformation to Earth to our beloved human angels.

In linear terms, you, the Creators of the transformation, are, in a way, the last to realize this transformation in your human aspect. However, as we will be explaining further on, this was because you agreed to hold the energies so that this could be brought to Earth to be experienced here. This is a token of how much you love each other, Earth, and Creation!

Creation has had the new consciousness available for some time now. And it may be hard for you to believe that not all Angels in the Omniverse have accepted or realized it yet. Resistance to change is not only a human feature!

Anyway, it does not matter right now. The time of humans has come!

We appreciate deeply what you have done, words are not enough to express it. Allow yourselves a moment to breathe in this love that God has for you and which you humans have created.

We are here to assist you in receiving what is rightfully yours.

Healing is a word we do not particularly like because it can be understood as the need to fix or correct something that is wrong. Instead, healing would mean allowing the wisdom of an experience to come to you: the understanding of which can allow the completion of such experience.

All such wisdom is yours. We will be discussing the paradoxes that created the wounds of Adam and Isis, the nature of pain and ways of resolution.

You have brought God to Earth to be able to live your dream in the wonderful experience of being an embodied human. We are all going to help you to clean the house, because it is so much our joy and love to assist you and walk with you in this new era of Creation.

We Adam and Isis, are not Angels or entities. We are your divine consciousness. We are You and You are Us, and never before this statement has been so real.

Your search for perfection has been God's experience in response to that famous first question. And remember that we experienced for long what we were not in order to come to the knowingness of who we are. That caused God's perfection to undergo gradual corruption, its opposite in duality, until the circle was completed and perfection could recognize itself.

This is why your world looks so disrupted and corrupted right now. It is coming full circle. This is why you feel so lost at times, for you are reliving in the final portion of the story. Yet, you can trust where you are going, because you have already created it.

Allow your divinity to come closer to you, even if you do not feel too familiar with these energies at first.

This is the time of the healing, of the closing, of the understanding, so that you can fully experience your Creation, for you are God also!

This is barely the beginning of a whole new creation, the experience of the I Am. And something else, we know that humans can make of this experience something beyond imagination!

You are dearly loved and we are here for you.

Chapter 3. Sacred Masculine and Divine Feminine

As I have stated before, Masculine and Feminine were never separate. They were never actually wounded, but the experience was that of separation in order to allow evolution and wisdom. Many concepts have been elaborated through time to explain this, basically for the sake of communication and understanding. In the past few years, the number of channelers you have had and the angels who have worked with them have honorably achieved very new and clear ways of communication, both with words and with a rapid and effective increase of human awareness. This is why your old concepts and beliefs of things had to be removed, for they were too over structured. However, the greater the truth, the simpler it is.

And that is why I will be talking about certain concepts, showing the paradoxes they are built in within the old scheme so that they can be alchemized and transmuted into their next stage of evolution.

Fear nothing, for nothing is grander than you. You can even turn that which you perceive as fear into a good sign to expand your awareness, to feel deeply into whatever may be happening, so that, in every now moment, you can realize it is so much more.

Dethroning concepts from their old frame of meaning helps to alchemize them and allows them to gain a richer, deeper, and more expanded understanding. This is happening at every level. Every structure has been loosened so that it can be released and somehow combined with the new.

Therefore, so that we can communicate properly, the Sacred Masculine and masculine attributes are to be considered as all the dimensions that you can imagine as spaces, as places where you can feel and connect with your consciousness. Safe space, truth, and compassion, may be considered as places or dimensions of you,

not physical dimensions, but dimensions of your consciousness. When you feel deep into you, you can feel your Sacred Masculine. Several emotions have been created between you and your Masculine, and these somehow block your way into your full realization of it, such as shame, doubt, need to control.

Other emotions, which I would rather call feelings, let you know you are getting there, such as peace, silence, and quietness.

Whenever you get there, you feel your Feminine, because the One is not without the Other. Feminine is movement and passion, creativity in every way; creative voice and power; imagination, and expression.

So you cannot linger too long in absolute quiet before you find yourself creating again. And creations, and the experience of them, eventually bring you back to the Masculine for change and evolution. In fact, things seem to get stuck because they are not allowed their way back to Masculine, to the eternity of no time and no space.

Now, these are the attributes of the Divine, but what about men and women?

Mostly the purpose of walking with you and exploring these concepts is to open your consciousness to the possibility of perceiving your own divine nature within your human embodiment. All of you carry these divine attributes, but up to now, you have experienced them in a dual frame which has corrupted them so much that you can hardly identify them at all.

So first of all, we state that the core nature of every human is divine, this is, that both men and women have a Divine Masculine and a Divine Feminine. However, gender is not part of angelic nature. Therefore, for men and women, we will have to use another pair of attributes: male and female.

Such were initially used to describe biological features, but as experience unfolded and humans became a species that was able to give birth to offspring with the same characteristics in a rather uniform manner, male and female began to express the attributes of the Divine in very interesting and rather unexpected ways.

In nature, animals and plants, which were also associated with gender, have maintained mostly the initial characteristics, but humans, as usual, began taking things to a different level.

First, we have to restate that the Earth experience was designed to solve a slowing down of the creative energies in Creation. Therefore, such sluggishness was imprinted in humans, who had dared to embody in physical matter to find an answer.

So let's take a broad look at what duality had rendered so far. This schematic view is again meant for understanding.

As each individual soul undertook their own experience, they began to have fragmented or partial views of a given experience. They began creating knowledge, but let's remember that this was created within the next major duality: light and dark.

Light was the part of created experience that was seen, accepted or recognized; dark was that which remained hidden or was intentionally concealed. It was this primary imbalance, somehow appropriate, that kept dual creation in movement.

So the feminine focus kept masculine at the dark and vice versa. What was seen or regarded as feminine such as passion, birthing, imagination, became rather chaotic, since they lacked the recognition of the masculine side of the experience.

Masculine focus, in turn, characterized by compassion and transmutation, "lacked" the creativity and passion of his "hidden" feminine side.

The Masculine provides the safe space, which implies the place of no judgment, the dimension of nothingness and allness that allows every creation to be and evolve. It is that space that holds all potentials.

And then, all these energies and potentials fertilize the creative womb of Isis, who is the Divine Consciousness of Creation.

You see how they have never been truly separated? No Creation would have ever been possible otherwise. He seeds Isis with potentials and she manifests and brings about HIS wishes.

In turn, in pure love, He holds all of HER creations and allows the infinite evolution of each of them. HE provides all that SHE needs to create.

So, what happened then? Why does it seem that all went wrong? The starting point of experience was the question WHO AM I and further on, the ways of experience evolved towards bringing itself first through the experience of all that we are not. And in the pathways of Creation, each passionate soul, every child of God has taken experience into every single possible corner. However, much confusion was created and energies became highly distorted. It sounds as if things had gone wrong, but "distorted", outside of the dual paradox of good/bad and right/wrong, only means that they had exhausted themselves and were ready to take on its next step of evolution.

So with such very general pattern, we can come back to male and female humans.

Women embodied what we will call the Light Feminine and Dark Masculine. We are not referring to the commonly known as Light and Dark, but to its simplest expression. Light and Dark were created as scenarios for experience. Light was the original playground, but as experience developed, mistrust and doubt began setting apart certain experiences that were not as pleasant, which were kept in the Dark as unseen. So what you see is Light, and what you hide is Dark. Thus, women carried their masculine nature hidden. And men, in turn, embodied the Light Masculine and the Dark Feminine.

For some time, being entertained and wondered by the physical experience, in the forgetfulness of human life, men and women were able to coexist and create life on Earth. But eventually, the imbalance began to permeate and eventually caused the downfall of Atlantis.

Luckily, humans had managed to create the potentials of harmonious coexistence which they continued to carry in their intuitive sense of hope. And in spite of the infinite number of paradoxes and belief systems that were produced, which became more and more corrupted through experience on their way back to perfection, it was love what kept this planet going.

The search for supremacy and control, the struggle for dignity and freedom of expression, held by both men and women in multiple different patterns, caused much pain, but also, slowly, started to bring humans to the recognition of a vague idea that they were both Feminine and Masculine by readopting and embracing attributes that belonged to the opposite. Feminine and Masculine switched hearts so that they could eventually come back together. The longing of the separation has always been present because those two hearts remember they belong together. Remember, the Masculine and the Feminine were never truly separate; it was only expression and experience.

But humans didn't know that —they had forgotten— so this evolution was taking place in the whole range of everyday life experiences.

And though the Earth experience was self-contained by reasons we will not explain here, there was much support and a number of humans were able to open up and tap into and hold the energies of wisdom in order for life here to continue.

And then, women who had been historically suppressed by men, realized that they could be self-sufficient.

Of course, this took generations over generations to happen. And to be fair, this was not only brought by only by women, but also by men.

But generally speaking, women began to find a voice to stop abuse. This started to happen a long time ago but the experience and intuition of the few little by little found its way to mass consciousness until critical mass was reached to propel a shift.

There are several things that supported this potential shift in consciousness, and one of the most significant was the planting of the so-called Christ seed on Earth. Such seed is actually a template which holds the potential end of duality, reuniting every perceived separation into the fullness of Truth and Light.

Therefore, at large, women began to embody their own Feminine and Masculine by taking care of their own and their children, and by daring to create a life for themselves. And this has allowed men to reconsider who they are. They, through their feminine nature, have a very active role in birthing and creation, in true compassion and support.

The rest is history. What was once a potential has been manifested. The Christ —Divine and Human— nature of embodied angels is actually starting to be expressed on Earth. And this is bringing this huge shift.

Knowledge is vast and complex; wisdom is simple. The pieces of knowledge of this magnificent experience are coming together and yielding its golden fruit: wisdom.

So we will, in an attempt to bring to you some of the wisdom of the ages, provide in the following pages some ideas and simple procedures for each of you to be able to alchemize your own experiences to help you to realize your own completeness.

Chapter 4. Your Divine You

In order to be able to guide you through rather simple procedures so that you can expand your awareness and realize that you are so much more than what you think you are now, and that there is so much more to life than just a limited experience that keeps you running in apparently endless circles, we will demythologize some basic concepts so that we can create a common field of understanding.

First of all, let' remember that up to now experience has made humans understand everything in duality. Therefore, when you read a word, try not to read these explanations holding too tight on what you think that the word means, rather, open your feelings to allow each word to resonate beyond your current thinking, allowing it to bring to you other possibilities of understanding.

Breathing consciously is going to be fundamental. When you breathe deeply, aware of the path that the air follows down and through your body, you relax your mind and this helps you to reconnect with parts of you which you are usually not aware of. Thus, breathing will allow you to feel deeper into any of these words.

We will start by addressing compassion, truth and safe space to help you identify your masculine side. And further on, we will discuss passion, imagination and expression to assist you in identifying your feminine nature.

And remember this is both for men and women. Regardless of your male and female attributes, each of you holds the totality of the Divine within you.

The Sacred Masculine

I Am Adam, the Sacred Masculine. I Am the Father, the Creator, the Alpha and the Omega, the beginning and end of All That Is. As my beloved Isis has expressed, in the experience of duality whose completion we are celebrating now, I had stood separate from the Feminine for the sake of knowing what the Masculine really was.

You have known me indeed through the several and varied accounts of the gods of war and protection and the father gods; but generally, the Feminine has been the voice and face of Creation. My nature is that of the Grand Provider, without whom no Creation would have been possible. Creation starts in the Masculine and then the Feminine acts as the manifester of such Creation. And then, Creation comes back to Adam for transmutation and evolution. I Am all the potentials and the core of the whole of Creation.

Yet, for the sake of human understanding I can be depicted as a man who was abandoned by his woman. The experience of the Masculine has been marked by the sensation that he had done something wrong. He could not understand why she had left.

So the Masculine, deep in doubt, developed a sense of shame and frustration, a vacuum which he tried to fill through power and control, unaware of his huge power of transmutation and compassion. Feeling betrayed, he lived with a deep feeling of mistrust, in particular for women, whom he found threatening. So he created ways to keep the Feminine down, in a false way to create safety.

And this is all that he was not, for the Masculine is the safe and sacred place by excellence. But regardless of what may appear, in the perfection of experience and evolution, he pushed the Feminine so hard that she, in an attempt to break free from abuse and control, regained the completeness of herself. Then, she came back to Adam allowing him to heal his own wounds through the wisdom and understanding of what had truly happened.

They could each be all that each one was and still be together, free of wounds, abuse, fragmentation, and mistrust. He was so brave as to allow himself to receive her and to receive the full of himself.

And when this happened, all of Creation resonated in a whole different way.

This is what the Goddess is back to do here, on this planet to allow the Masculine a space to heal with all the love and compassion which the healed Feminine can provide. And thus, the circle is closed.

Therefore, in compassion, truth and safe space —the Masculine— is where every experience begins and ends, and where the Feminine is the driver of the experience.

Compassion

The first concept we are going to play with is compassion. Compassion is often confused with pity and love, so let's begin by tearing these layers off. Compassion is a place of your consciousness. It is not an emotion. Let's consider that emotions are a set of responses to experience, arranged in a sort of catalog. But you do not only feel emotions, you also have what we will call sensations or feeling. With your body, for instance, you can feel hot and cold, goose bumps, fatigue, chills, etc. You can also feel trust or peace.

When you think of compassion, you may probably associate it with pity, but pity is an emotion, a response you have towards a specific perception of a given circumstance. So instead, let's imagine compassion as a landscape. This compassion we are speaking of is rather like a place where you can sit in. It is a place where you can consciously take yourself to and bring with you any of your emotions, thoughts, or experiences. Compassion is a place where things just are. In many ways, at first compassion may be hard to recognize because it carries no emotion. It is the place where everything is accepted just as it is, not within the dual paradox of good/bad.

Yet, this may sound odd. How can the cruelty and chaos that you experience on Earth right now can be held in compassion? How can all the limitation and pain that so many humans experience be accepted just as they are? Take a deep breath at this moment and begin only by you. Do not try to understand the world yet. Give yourself the opportunity to apply this compassion to you first.

So, when you visit this place of compassion, which is a dimension of you, and you bring any experience or perception to it, such are released from their emotional charge. For example, someone insults you while you are driving your car and this triggers an emotional response of anger or humiliation in you. However, if you take this uncomfortable experience to your place of compassion, you will eventually be able to observe it as a movie that could have occurred to anyone. Compassion is the home of the silent observer, but it is also so much more. Compassion provides a sense of bliss and peace, but it does not require you to stay still to remain in that state. Instead, I would say that for you to truly experience compassion, you have to be actively present in it.

Let's clarify this a bit. You have been taught, for example, that you should not judge other people because you are not aware of the circumstances that led someone to do this or that. But in your human experience, it is hard not to be hurt or feel offended or damaged by someone. And since, up to now, experiences have been only perceived in duality, it is likely that you do have a judgment on what you experienced. And such judgment can be either good or bad. But now, let's take any such experience of judging someone or something into the place of compassion. In this place of compassion, you are allowed to feel all the judgment you want, but it starts to loosen up. And then you might realize that it is not only what you feel about the offender or situation, but the way you feel about yourself for judging the other. And further on, you may come to see that it is actually you who are judging yourself as fool or whatever for having allowed such circumstance, and so on. And the greater benefit of compassion comes when you can be compassionate with you, this is, when you allow yourself to feel whatever you may be feeling and not judge

yourself. This active presence of you in your space of compassion activates a space of constant transmutation and transformation where nothing gets stuck. And finally, compassion gifts you with clarity and discernment that will enable you to make different choices or act as you wish, but no longer from the standpoint of good or bad, but from clarity.

Judgment was not born out of a mistake. It has been a painful experience indeed—you have judged and have been judged, sometimes causing unwanted outcomes—but the only way to end the whole experience of judgment is to allow its completion, so that the true wisdom of the experience in whole can be shed upon the consciousness.

In duality—in the experience of all that it is not—discernment, an innate quality of angels, transformed into judgment. If discernment is your ability to feel a situation and align your choices with your whole self, then judgment is, in a way, a more constrained version of it, for it allows you to perceive only a limited number of options for you to choose, if any.

Allow me to elaborate. Judgment is based on dual belief systems. In fact, the time has come when your inner judge is so confused that he runs up and down trying to find out how to run the house of you in the middle of so many dual beliefs or paradoxes.

The ability to discern, when brought into physicality, was originally set in the mind, but its gradual corruption turned into a very limited judgment. For example, when you first came to Earth, discernment helped you to identify potentially dangerous or painful situations, and it stored all these experiences in the mind. Then you could know that if you stepped into fire, it was not good.

However, judgment ended up corrupting the mind and now, the mind has become a limiting portion of you. Judgment is always between two ends, and that's the range of options it can offer, based on past experiences, as it has been up until now. Judgment shows up in thoughts, but now they are trapped into the same

patterns of expression. Much of the experience of limitation that you go through comes from perceiving only a dual range of options.

So again, compassion is the place where this entangled and tight network of judgments begins to loosen up, allowing space for new ways of discernment.

The dimension of compassion is accessed through the heart, away from the intricate web of thoughts and beliefs, and then you can bring your mind to the place of compassion for it to be transmuted and expanded.

Up to now, you have been operating in fragmentation, considering you have many parts, and that some are good and some are bad. There have been times when even the body was considered to be a bad thing, as a prison for the soul. An important part of awakening is to start recognizing that you are so much more than an assembly of separate parts. We would rather say that you are a perfect machine which has not been aware of its true nature.

The heart, as you call it, is a portal to dimensions; it is a potent receiver and sender of awareness, of consciousness, and of the divine. But as you forgot who you were and all about other dimensions, it became restricted and you were then only able to identify it partially through a very limited set of awarenesses or feelings.

If we were to be strict in describing this we should say that heart, mind and body are parts of a machine that can only operate at its best with all of its pieces are fully operational. And your being can only come to full operation when each part performs its task in a synergistic manner. But you are not only the machine.

Imagine yourself as an intelligent, self repairing machine, which is an outstanding set of parts and pieces operating in a certain way for a defined purpose. All the past experiences have been accumulated in a memory that allows you to somehow repair yourself to keep you operational in fulfilling any given purpose, even under extreme conditions.

Yet, let's suppose that this machine has never experienced a flood of unprecedented magnitude. It blows out and since it has no background in its memory, it cannot repair itself. Its parts are too worn out.

But what if there was an operator who could see the machine and the conditions, and who was able to address the issue from a higher perspective? This operator would not be bound by the usual rules of the machine, but would be able to find a way to keep the machine fulfilling its purpose even if the machine had to be turned off for a while to allow it to cool down, or if it had to perform a task only with a portion of the gears. This operator can create new parts and pieces for the machine to work properly. He has every material available.

But then, also the machine's purpose may change. As the machine evolves and the needs it serves change, it may serve other purposes that had not been conceived before, so it may end up being a different machine doing something else.

The good news here is that you are the operator, the machine and the purpose.

We are inviting you to allow you to consider that you are not only the machine but also the operator who is not bound by duality; an operator who does not only have a broader perspective, but who can create perspectives; an operator who may allow the machine to fail on its previous purpose to create a new one.

You are now allowing yourself to fail in your previous function in order to undertake a whole new purpose. And it is here where compassion comes in. It is ok that you cannot make your old performance better, for you don't need to. You are evolving into something else.

If you consider yourself only as the machine, then you are broken and useless. But you had forgotten that you are also the operator who understands that the machine is evolving into something else and is creatively adding new parts to it.

Allow yourself to feel the operator. You can be angry at him indeed. But after the anger and resentment, you can choose to communicate with the operator. You

do have a voice in this. The big realization here is that you are so much more; you are the operator as well! You will start having, towards your life, both points of view: as the creator and as the creature.

As you communicate with the operator, you both can agree on the purpose. That agreement is the conscious choice. Then, operator, machine, and purpose can be aligned. This alignment facilitates discernment —choice in the expanded perception of you and of life experiences— and then you can move all together into the next experience.

The major key point here is compassion, because the machine does not trust the operator, first because it is not fully aware of him and second, because the machine does not understand the ways of the operator. So it is time for you, the human, to allow the greatest compassion for yourself, for compassion will open the doors to expanded awareness.

Compassion is the way “out” of the old into the new. Compassion doesn’t mean that you have to love or like all that you are. Compassion poses no negative or positive emotions to any experience, rather, it allows such experiences to be discharged from emotion, and when discharged, those experiences are released and allowed to evolve naturally.

And that compassion is already available to you. For now, forget about compassion for others, beginning with compassion for you is the greatest gift you can give yourself. And when you are in compassion for you, compassion for others will be much easier.

Truth

As an attribute of Consciousness, truth is light, not in opposition to darkness, but the perfection of all that is in the eternal now moment. To the Wholeness, nothing that occurs in Creation has ever been hidden or judged. Truth embraces all. Truth could be said to be an attribute of the Sacred Masculine, of the Father.

Truth is a field of consciousness that is self-sustained, both ever changing and everlasting.

The memory of the Wholeness that has always been present and sought for has let you know deep within that it is there, but yet one of the deepest fears and pains of experience, both human and angelic has been caused by the ever hunting shadow of untruth. The sense of betrayal stems from truth/untruth. People defend their truth, groups defend their truth. People die for their truth. Finding the truth is a deeply ingrained longing in human consciousness.

As you know, experience produces knowledge, and therefore, such knowledge is part of the truth of any given experience. Then, as knowledge became a tangible piece of truth, it turned into something very desirable and into an illusionary object of power.

Every piece of knowledge is true and its variable applicability has depended up to now on how broad or narrow the perception of an experience was. And still, knowledge also carried within the untruth, the hidden portion of that same experience.

The non-dual form of knowledge can be described as wisdom.

Both knowledge and wisdom are products of experience. Yet, knowledge has a structured nature which, if fixed for too long, creates stuck energies which naturally seek resolution.

Wisdom is not fixed and it is experienced mostly through intuition and awareness, through sensuality and feeling. In a way, wisdom stems from knowledge but transcends duality, time and space. Wisdom carries in its core the Truth and the Way. It evolves continually and provides the tools for Life.

Imagine truth as a bubble containing the whole experience, everything that has ever happened. If you watch the bubble from the outside, you can see every action, piece of thought and all the potential moves of the game that is being played inside the bubble. Yet, inside the bubble, the players only have a limited view of the

game board. And the players have forgotten it is a game that they are playing, and even believe that the board is the entire reality. It is not. But as each individual player goes through his or her own experience, they only get a portion of the totality of what is really going on. No matter how honest or well-intended the player is, he or she has only one part of the truth. This is why the search for truth has created so much more pain and sadness.

So now, the good news is that the field of truth is accessible through compassion. When you connect with your space of compassion, then you are able to open yourself to the field of truth, and from there you will be able to see parts of the experience and parts of you that you could not perceive before, whether because you did not want to, you could not accept because they were too painful, or those that you had concealed intentionally. And then, you will be able to start recognizing that you created the game in the first place, for you to experience it fully.

Safe Space

By increasing your awareness of your own truth and compassion in your everyday life, you will begin to feel safer. You will feel less threatened because you will be able to perceive more and more elements involved in what is going on. By being compassionate and discerning, you will get less caught in drama and trouble and you will gain clarity as to where you can make your next move.

And as you feel safer and more trusting within yourself, your external reality will feel safer too. The safe space becomes then your home, a place where you need no protection, no lies and no threats because you accept yourself and your circumstances, and from that space you can regain creativity and joy for life.

As you may be able to realize by now, these spaces within you are your Sacred Masculine. And you have been looking for ways to get there because the

experience, as we have often repeated, has been the experience of what you are not.

But we are here to tell you that You are Compassion, You are Truth and You are your own safe space. And by choosing that you want to become all that you are, you will become aware that these are and have always been here for you.

So far, you have been aware of what has been called the Wound of Adam, or the Wounded Masculine. In the experience of what the Masculine was not, carrying its Feminine hidden on its back, the Masculine resorted to righteousness, power and control.

In absence of truth and compassion, knowledge turned into a major power tool, and the need to be right has caused lots of pain and has led humans to develop numbers of means of control, suppression, and protection.

The lack of compassion has also caused very serious abuse in an attempt to make others think or act in a specific direction or a manner that was through to be right or true.

But more than anything, at every individual heart, the lack of the safe pace has led you to believe and then create harsh environments to lock yourself within you to be protected, and worst, to believe that you need protection from the outside, call it religions or governments or any other authority.

You are that already, the point is now to allow your experience of what you truly are.

The Divine Feminine

So much has been said about the Goddess coming back. And it is true because my energy could not be felt fully on Earth for long, and it is false because my consciousness was never really gone, it was just fragmented and somewhat elusive.

And this is so because that was the experience of the Feminine.

Schematically speaking, creating on her own with the Masculine hidden on her back gave the Feminine a lot of power but creations themselves were many times were imbalanced and unable to be subject to their own transformation and evolution, or to say it in other words, to connect back to their source.

As you can observe in ancient and not so ancient religious mythologies, masculine deities were always less in number than feminine deities. The aspects of the feminine were depicted and characterized by several goddesses embodying characteristics such as intelligence and wisdom, birthing and mothering, love and sensuality, passion and strength. And although such deities were all female, they were not always able to stand together, but rather they would fight each other.

But in order not to take these ideas into intellectual understanding, which is true but limited, I will describe next the concepts of imagination, passion, and expression, by means of which you will be able to identify your feminine nature.

Imagination

Imagination is the starting point of creation and experience. In a sense imagination is the part of the Feminine that is closer to the Masculine because it is seeded by the potentials it holds.

In these terms then, imagination is the womb of Creation. Just as in the case of the human experience of conceiving a child, creation results from the love of the Feminine and Masculine. Therefore, any creation and every experience have been imagined before ever occurring.

In the experience of what it is not, imagination gradually corrupted itself because, as the word shows, it is related to images. As humans had more and more experiences and such accumulated in consciousness, the images that a person was able to bring to him or her have basically been the images of what had been experienced before, within the paradoxes of duality we have explained. As humans

forgot who they were, all they could recall once and again were memories framed in the mind, the mind being among many other functions, the place of storage of experience and knowledge.

Imagination, the ability to perceive beyond experience is also accessed through your brain, through the pineal gland, in physical terms, but it has been overridden by thought. What I am saying is that the divine sense of imagination also lies in the mind. And this is another dual paradigm that makes imagination and thought apparently incompatible issues. They are not incompatible but sequential. Imagination eventually turns into creative thinking. Thought is meant to be the translation of imagination and intuition. But now, in trying to override the mind, you block all kinds of thoughts and all the energy that you feel coming from your head. Then, the “valuable” thoughts never get home either.

The human mind is part of the Divine Intelligence and in its cycle of experience, as a very perfect part of you, it has become one of the most corrupted parts of you —remember, corruption is the final turn in the spiral of perfection. When I have said that it is time to clean the house, your mind will require indeed a strong revamping in order to come out of its isolation and reconnect to the greater part of you.

And imagination is the way to go beyond the limited human mind and open up to things that have no reference in the previous experiences that your mind can recur to you when you try to imagine.

A good way to activate your imagination is by practicing sensory awareness. Although sight is a sense, we are not going to use visualization to activate imagination because it is a lot harder to see what you have not seen before.

Do it as a game first. Imagine, for instance, that you can listen to what people say in the distance, imagine you can smell a distant bakery or that your skin can feel a person who is not with you. Of course, these sensations have already

been experienced and you can recall them, but they expand you beyond just the reality that you perceive at a given time.

It is important that you acknowledge that you are present where you are, but also that you can project your sensory imagination somewhere else. You can take this as a step forward and imagine that you are feeling something your mind cannot recognize. When you get goose bumps or chills sometimes, you are feeling something that maybe you cannot place it in the existing catalog of experiences.

Your dreams contain a lot of imagination, and sometimes you don't pursue them because you cannot SEE a clear path to them. Dare to think "why not". If it can be imagined it has already been birthed.

Passion

This is where passion ties in. Passion is a synonym of life. You are passion just because you are alive.

In the human experience of duality, passion has been associated with desire and satisfaction. When a desire is not fulfilled, you tumble onto the other edge of the paradox: discouragement. Then, the excitement of pursuing a desire collapses, leaving you feeling disheartened because you failed to achieve what you seemed to want.

The curious thing is that such discouragement is also reached you when you succeed in something. When you obtain the object of your desire, after a while what you have known as passion deflates. And then, you have to set a new goal to keep you moving. This idea of passion also makes you fear the loss of what you have gained; if you place your passion in something or someone outside of you, you fear that whatever inspires your passion may be gone, and therefore, you exert all sorts of power and control to prevent things from changing. You experience this in your relationships, in your work, with your children and friends, and almost in every field of human experience.

And it is important that we say this: it is not a mistake. The point here is that the widespread sense of discouragement that can be noted in humanity right now is the signpost that indicates that the experience of passion in duality is coming to an end. With the shift that has been propelled by consciousness, it is hard to find that kind of passion for long periods of time in the usual activities of your everyday life.

Passion is also found in behaviors or emotions that you would have as negative. Hatred, cruelty and control, resulting from the fear of loss of power or from righteousness, are also driven by this dual passion that needs to continuously create new pursuits.

People long for true passion, for passion makes humans feel alive. Yet, many have contented themselves with excitement. You can see in your current society how new ways of excitement are constantly created to provide the rush of adrenaline and make a person feel alive at least only for a short period of time. You have the drugs, pornography and several other manifestations of such need to create emotion.

Passion is not a measure of intensity either. You say you feel passion when you love intensely, work intensely, hate intensely or are intense in anything that you do. Intensity ends up exhausting your energies. You can be passionate about something without needing to destroy everything in your way to your goal.

Then, if now we know all that passion is not, what is it really?

Passion is life force, is something that is as inherent to you as life itself. You are a passionate creator who never stops creating, regardless if you create new or you recreate the same experiences once and again. If we transcend the paradox of passion, we can start realizing that true passion is never exhausted. It may not be at the same point of balance all the time, but it is always there. True passion is not inspired by objects, desires or persons apart from you, instead, it emanates from the inside and reflects in everything that you do. This passion does not depend on

achievement or success; it is more than anything a creative impulse, so to speak. It is not the fuel for a pursuit but the joy of creating in the now moment.

So I am saying that you should not pursue any goals? Then you may think that things would become stagnant and you would be mediocre. As you move into true passion, you may come to see that you do not need the excitement caused by a goal set in the future, which actually prevents you from really enjoying the creation process. Passion is joy in the now and can render precious creations, just as artists have demonstrated throughout time. Of course you will continue to want things, you can imagine what you want to create, but the focus changes from the future to the now.

Creative passion is always at work. Even when you are depressed, your passion continues to create the situation that keeps you feeling down. So, in order to reconnect with passion, you have to come to your own safe space to connect with desires that come from your deeper nature and not only with those that only respond to external stimuli.

Take yourself to your space of compassion, so that you stop judging yourself for what you consider your failures. With compassion and truth in your heart, you will start to realize that each experience of failure has so much more to it.

And as your awareness expands, judgment will give place to discernment and clarity, you will be able to forgive yourself. You may actually realize that there is nothing to forgive in compassion and truth: things simply are and they were appropriate. And then, you will be able to create new.

You are an innate creator who forgot how to create in a conscious manner. So if you recognize that passion is so much more than bare excitement; if you own your passion, if you make it truly yours, you open up your way to your expression.

Expression

I, Isis, Am your Divine Voice. Most of the experiences you have in your life are an expression of you; those which do not express you that much are those in which you have allowed others to express what they want instead of what you are. Am I saying that you create your circumstances? Yes. Why, then, are there so many things that you don't like or that seem dangerous, painful or threatening?

You may have heard that you are the playwright of your own script. And indeed you are. And spite of how unthinkable this may appear to you, just consider that you are here to have this experience embodied on Earth. As we have said all along these pages, you were here to play out an experience that is over, and now the game is changing.

Yes, some of the things you have experienced have been terrible, but you can be assisted to work them out, if you so choose. The reality you live in is an expression of you, and the more you own yourself, the more you will actively participate in creating your surrounding reality.

Expression is similar to passion in that they are in operation all the time. Passion is always creating expression. How much do you participate in that creative expression of you will now depends on how much responsibility you may be willing to take over you.

When you feel unheard and powerless is because you have surrendered your power to other people, governments, groups, religions, or gods. You can only surrender to you, for you are God also.

I Am your Voice, not just another voice. You have already plenty of voices in your head, which support ideas, beliefs, emotions and claim revenge or righteousness or remind you the many times you have been a victim or an abuser. These voices are fragmentations of Your Voice.

How to discern Your Voice from the voices? First, bring yourself to your safe space and surround yourself in compassion and truth. Your Voice can be sensed from that place. Your Voice, sometimes through your intuition, sometimes in ways you will discover by yourself, never will bring to you terrifying messages, fear or pain; those are the voices which try to make you pay attention to them all the time, at any cost. Your Voice is able to command the other voices to remain silent.

Your Voice does not defend particular positions or ideas. Your Voice expresses you and brings about the creation of your true desires. The way to make your Voice heard is by means of conscious choice. A conscious choice is not the expression of a desire or a timid "I want". When you first start practicing the use of your Voice, it may sound weak and distant. But it is for sure that, if you so choose, you will reconnect with it.

This is why the Goddess seemed to be away and is now coming back. Feminine power was fragmented in the voices, but as you awaken to realize all that You are, the voices start to come together and integrate into you. They also come back home.

Compassion is again a fundamental here, because as you allow Your Voice, as you allow yourself to experience more and more of what You truly are and start bringing the experience of *what you are not* to a closure, the louder the little fragmented voices will scream. It is ok, remember that the darkest moment is right before dawn breaks.

This is why I, Isis, can say, "I AM THAT I AM, FEMININE AND MASCULINE, MOTHER AND FATHER, LIGHT AND DARK. I AM YOU, YOU ARE I."

Chapter 5. The Divine Human

As you awaken to all that you are, maybe timidly at first, you will feel seduced by your thoughts and perceptions to go back to the past. The path to compassion and truth is simple but rather challenging for some, since as you practice compassion, certain things stop making sense, other issues are no longer of interest to you. You can come to the point of feeling that you'd rather go back to where you were. This will always be your free choice, but we can say that, as I stated in the Introduction, the view you will have from the next rung of the ladder is unprecedentedly beautiful. Try not to miss it. Once you become familiar with compassion and use it every step of the way, you will also recognize and use the rest of the concepts we have been discussing, which reflect your divine nature.

So I want to share with you four concepts that I will call attitudes, which you can resort to consciously to free yourself from pressing thoughts and emotions seducing you to go back to drama and limitation. These attitudes are accessible in everyday life and will help you hold your consciousness as you expand your awareness of who you are.

Gratitude

The gratitude/ingratitude paradox has also resulted from surrendering your power to others.

You have been taught that you have to be grateful for all that you get, even if you do not like it. But as you become more aware of your own masculine and feminine attributes, you can combine them to create the reality of your heartfelt dreams.

You can choose what you want and un-choose what no longer serves you. So gratitude —not within the paradox but in a whole new level— is the ability to recognize that you are the giver and the receiver. You do not have to bind yourself forever for a favor granted or a gift received. Gratitude is presence and recognition and acceptance in the Now moment. You owe nothing, you are owed nothing.

Every time you feel a type of gratitude that you have to pay back, remember it is within a paradox. Every time you feel that someone has to pay you, come back to the Now moment, and do what you please at that moment, and there it ends. There is no need for you to continue creating that type of bonds.

The attitude of gratitude raises your vibration and allows you to connect with yourself. And as with every aspect of this whole experience of awakening, you will then be able to feel gratitude for others and for the Earth herself. You will recognize and accept the gift of life that you have given yourself.

Gratitude is an attitude that favors abundance flow because it is based on receiving. It has been said that you have to give first in order to receive. However, if you stop for a moment and observe the creative processes in nature, for example, you will observe that the process begins with receiving. When a seed is planted in the soil, germination only takes place when the soil receives the seed and when the seed receives the water and nutrients that the soil provides.

The Masculine is the grand provider and the Feminine creates from there. However, the most fertile soil goes barren if it has no seeds to provide for. So again, for your private life, know that the more you accept and receive from yourself, the more you will be given.

Trust

In order to be able to take trust out of its constrained current meaning, we have to understand a bit more what time and space really are.

Let's imagine a kaleidoscope, the tube you look through to see a certain image, and which as you spin it, renders a different image. Every experience you have is a component of that image, as well as your thoughts and dreams. Those little triangles and circles and squares that compose the image could be understood as the space.

Every time you spin the kaleidoscope, the pieces move allowing a number of different combinations, so although the parts are the same in shape, number and color, the image looks different. Sometimes, you see a complete shape, some other times you only get a partial view of any of the shapes. That movement is what we can understand as time for the purpose of this example.

And you are the viewer and the experiencer of such varying images.

Up to now, you have felt that someone else put you inside a specific kaleidoscope that you cannot escape. However, in this awakening, as you realize you are more than just the viewer or the experiencer, you can align with your safe space and use Your Voice to choose the design and patterning of the experience, or what has been called "co-creating your reality."

Trust, which has also been referred to as faith, has been rather ungraspable because the mind tries to determine the outcome and sets a lot of expectations to it. But trust, if not constrained to any specific outcome, is more related to feeling safe and unthreatened. Trust allows creative passion and joy.

So then, how and who should you trust?

Every time you feel threatened or scared, you can go to your safe space. And there you can choose to feel trust in that moment. The more you connect and align with your Masculine nature, the more you will be able to realize that the spins of your kaleidoscope will eventually show an image which has been chosen by you, because you are involved in the design.

Trust is not dependent on time and space; it does not depend on what image you have in your kaleidoscope because it will end up turning into something else.

Trust comes before knowledge. You get into an experience not knowing exactly how it will unfold, but trust allows you to be present and aware and also to enjoy such unfolding.

The more moments you feel trust in present time, the less anxiety and need of control you will feel. This way, you will have a clearer view of things and you will be able to create the next combination of experiences in harmony with all that you are and not only based on mental expectations, but on your heart's desires.

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The next two attitudes are more related to your feminine nature. In the old frame of duality and separation, the virtues that humans have sought were associated to the Masculine: peace, discipline, sobriety, compassion, etc.

The attitudes of the feminine were kept at bay because they were rather uncontrollable. And they indeed are! Passion, for instance, was considered to be bad and chaotic.

Here and now, we are going to address two attitudes that will help you to get in touch with your feminine and which you also can consciously choose at any given time.

Sensuality

Being sensual refers to open up your senses and to allow yourself to receive joy and pleasure through them. It refers to body sensations.

In duality, sensuality was often condemned as an undue characteristic; remember we have said that the Feminine in fragmentation could be chaotic. But the Masculine without the Feminine could end as barren land. Since your physical body had been considered the prison of the soul instead of a truly wonderful and chosen experience, then body experiences have been avoided.

But sensuality in this awakening process and in living in recognition of all that you are is a major gift of joy.

Life and Creation are joyful. And joy does not necessarily means that you will feel happy or exhilarated. Happy/sad are just another paradox and many sensual experiences have occurred within this narrow frame of experience, just to produce happiness/sadness.

When you feel, in your body, something that you like, then you are happy. And you constantly try to avoid feeling sad.

Joy involves being brave enough to feel all that you feel, whether emotions or feelings, all kinds of sensations, without having to block, change or correct them, regardless if they are identified as pleasant or unpleasant. And for this, compassion is again fundamental.

The habit of repressing your sensuality has created and reinforced the belief that the body is a prison. It is not, it is a precious vessel for experience.

As I said before, Creation is God in experience. Your divine self created this physical body to be able to experience matter directly. Without a nose, you cannot feel the scent of a rose, without taste you cannot sense the bittersweet flavor of an orange.

Fear not your body. It is part of all that You are. Even science has recognized that your body is an awesome machine, and it has been created to serve you, not to lock you in.

Sensuality and awareness walk hand by hand. So open up your senses, even if it may sometimes feel uncomfortable, because this will expand your perception to magical things that are already present in your world. Opening your senses is a major way to receive what Life has to offer. Humans feel good when their senses are balanced.

Dignity

Pride has been considered a despicable sin, as many other feminine attributes.

In duality, dignity has mostly been held within the pride/humbleness paradox. However, beyond duality, dignity is the expression of the love of self.

If you feel into a rose, a lioness, or a sunset, you will realize how majestic they are, and how much love they express. And yet, they are neither proud nor humble, they are the free expression of what they truly are.

Of course, humans have attributed some of these features into nature. To some humans, a rose may seem prouder than a tiny daisy. Why is this? Because openly expressed beauty has been there to remind you of your true nature, and it may make you feel uncomfortable occasionally because you have relentlessly denied it. Beauty is an expression of dignity. When you allow yourself to connect with beauty, you feel pulled to it and cannot help adoring it.

Curiously enough, what is beautiful needs no change or correction. By constantly realizing your safe space and by looking at you and your life in compassion and truth, you will eventually come to the realization of how beautiful you are. And you will allow yourself to be vested with that dignity which radiates from your being, for what you are is not based on achievement or success.

The paradox of dignity/indignity is mostly played out in social relationships. Up to now, it has been a game of power. Dignity is much associated with superiority and indignity with repression. Those who feel repressed develop anger and fear because they are being denied their birth-right dignity. However, those who feel superior carry deeply within the fear of indignity.

Even the Golden Rule has been misinterpreted. Rather than treating others as you want them to treat you, you've got to first treat yourself as you would like others to treat you. There has been no error in this anyway, for this has brought

you to where you are now, in the face of a whole set of new potentials of life on Earth.

So, as have stated over and over, connecting with your place of compassion is the key for the transit of the old into the new.

And in spite that this is a simple way, it may not always be easy for the experiencer. Do not make of this transit a goal, because then it will fill you with expectations of how your life may become, preventing you from experiencing the beauty and joy of its actual unfolding. You may not grow richer, healthier or more beautiful at first. This transformation is so huge and deep that what will come to your life will be far grander and unexpected.

And as I said before too, this wisdom is brought to you in great honor, because it has been you, Humans, who have played this game of paradoxes with such passion that you have created something new for the whole of Creation. This energy is so new —so new that even the word *new* sounds old in trying to describe it— that it would be useless to try to define it, given that we are currently beginning to experience it and not much explainable knowledge has been rendered yet. You have led Creation into a whole new stage, and for this we are deeply grateful.

Have hope, my dear children, a hope that is not subject to paradoxical understanding, not a bubble of air in the midst of despair. This hope I speak of results from the combination of all the attributes we have been discussing, and stems from the loving embrace, dance and celebration of the Masculine and the Feminine coming back together, each of them complete and knowing who they are, and melding together in love but maintaining their full consciousnesses, radically transforming the experience of Creation.

This hope is not a vain and empty desire for things to get better. It is filled with the certainty that you will experience the new kaleidoscopes that you have created for yourselves to gift you with the harmonious and beautiful coexistence of humanity on and with the Earth.



Chapter 6. The Game of Paradoxes

I have often referred to duality as a game. The game started with the One splitting into two in order to know what the Oneness really was.

And so the paradoxes came into being, because it is true and false at the same time that Masculine and Feminine are One and that they are Two. Creation has evolved then in an endless splitting of two, as you can even see in the reproduction of the tiniest living organisms on Earth.

This is why your experiences have run up until now as if in a river with two edges. And you have swum from one edge to the other, in the middle of the flow, downriver, upriver, etc. As you have exhausted the whole range of possibilities within all significant and many other not so significant paradoxes, you can now realize that the solution to the game is to go beyond the paradoxes, but you do not go back to the former starting point, but you radically transform the game itself.

How? First, you realize that you are within a paradox and consciously become aware of its edges. For example, let's take an easy one: abundance/lack. When you have abundance of something, you fear the lack of it. When you are in lack, you long for abundance. So you go through a full range of intermediate positions but still in separation.

However, energy is available for you at all times, whether to provide you with the experience of abundance or with the experience of lack.

"Tell me the way!" your mind will scream. Unfortunately, the way is not in your mind as it is now. Then where? In all that you are, which is what we have succinctly discussed in these pages.

Now, by consciously taking and breathing each part of your experiences, thoughts, feelings and doubts into your safe space and allowing them to be there in compassion and truth, you begin to realize, with your whole body, mind, and spirit, that you have used the energy available to you ALWAYS ABUNDANTLY, even to create situations with plenty of lack.

But be compassionate and allow yourself your own progress, for paradoxes are intertwined and it may sometimes seem to you that you are going nowhere. Remember the kaleidoscope.

Trust that you are cleaning your house. Although the king and the queen are back together, the realm still needs to be cleaned up and reorganized. Work needs to be done, and you can trust that although it is your responsibility as king and queen, you are not alone in doing it.

Dear You, humanity has called for this moment and you have plenty of assistance. The profusion of spirituality-related classes and workshops and books are a token that things are moving.

Remember that this is your experience first, so any groups you may consider joining should be respectful and enhance your own self, rather than promoting any sorts of prophecies and imposed dogmas or beliefs.

Always remember too that You can choose what to believe in Your Truth. No one, not even I, can impose anything on You, for your free will shall always be honored.

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So the Goddess has come back to her God and Children. The true healing of the Wound of Isis and of the Wound of Adam is recognizing that they are not separate at all, yet each of them is complete on its own. To put it in a simple and schematic manner, we can say that the Masculine part of Adam waited for Isis to become complete in her Masculine and Feminine portions and then she comes to Him to give him back his Feminine. In the instant that this happens, both Wounds heal, the experience is over and it renders all of its wisdom. That is why the Goddess has come back to heal Adam by helping him to complete himself. This causes a huge shift in consciousness because the One is no longer Two, it is Four. We, Adam and Isis together, are the Way, the Truth and the Life, as dear Yeshua repeated so often.

We are the Way because Creation and Eternity follow the ways of God. If you take the few attributes that I mentioned before, you could say only as a starting point, that the Way is safe space, trust, compassion, passion, imagination and expression. The Way now is also the way of simplicity. Your awakening needs not to be complicated.

We are the Truth because truth is the major attribute of All That Is. In Creation, everything is true simply because it is. To God's omnipresence, nothing has ever been hidden. In the experience of duality, in truth and untruth, only the visible or perceivable portion of an experience was considered to be true. But again, as Yeshua said, at the end of times nothing will remain hidden, and so it is. That was the source of righteousness, one of the deepest wounds of Adam, the source of control and need of power. This is why Truth shall make you free.

And We are the Life because life is God in experience. Life is what God does by simply being. It is the Creator experiencing its Creation.

Mexico City, July 2012

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