

WHY IS ENLIGHTENMENT HARD TO REALIZE?

I am Isis, Your Divine Voice. We are addressing you at this time because we are closely related to you and we have observed some of the hardships you are currently facing as the result from your deep and heartfelt desire to become a Walking Ascended Master.

First of all, we should say that if you are interested in reading this, it is because You are already enlightened and You truly intend to experience it. In fact, what you are going through, including any apparent setbacks and discomfort are part of the manifestation of your choices and NOT a sign that you are failing or needing to do something specific.

As you know, in the past Ascended Masters left their physical embodiment shortly after enlightenment precisely because the energies of the experiences on Earth were pretty tough. Therefore, in a way, it was easier to allow those energies to find resolution in other manners. But since You are choosing Life on Earth, such energies are to be dealt with in embodied experience. And these are appearing now in front of You to be acknowledged and released, but they need no further processing of any sort.

However, encountering such energies may be a little confusing at times. Every time you transmute any belief systems or integrate aspects, for a short period of time you feel the emptiness left by that which was transmuted or integrated. It creates a vacuum which tends to create suction, or seduction as Tobias put it once. You have become quite proficient in avoiding such seduction, but you still get caught once in a while.

You are now very aware of who You are. When you close your eyes and feel into You, You are aware of your own grandness and magnificence, but when you open your eyes up and go back to everyday life, You are often not quite clear on what to do. There is no doubt that interacting in this Earth space poses interesting challenges, but nothing You are not equipped to handle with Mastery.

You are transcending duality in the midst of a reality which was originally built on duality, this is, You are choosing to transcend it through experience, the most potent element ever for transmutation and new creation. This is why we often call You the Brave Ones, because indeed You are.

So, my beloved Brave Ones, let's share here with you a couple of the things that each of You are doing, as well as a few hints and insights from our part which may assist You in experiencing Your Mastery with ease and grace.

First and foremost, remember that You are the Master and owner of your own experience. What does this mean? Several things, but the one we want to address now is that although the physical reality on Earth is a shared co-creation, You have regained the sovereignty of your own experience within such reality. As You choose and create and live in a sovereign manner, the more You impact such co-created reality, and the more you will perceive how your experience becomes your own because such "external" reality starts to serve you, to respond to your consciousness. Keep in mind that it is consciousness which creates and sustains reality, and not the other way round. This may require some patience, but not quite much my dear; you have probably observed already that things are happening really fast!

Now, let's bring this to a very human level in an area which represents a marker of human well-being: health. The point now is not only that you can integrate your aspects, but also that you can become aware of your Mastery in a way that makes this lifetime a delight.

So, first of all, you must be aware that your body is yours and that it is here to serve you. Your biology has already received your command to let go of old karmas and programs, such as aging, and it has undertaken the task to rejuvenate your body so that it can serve you and take you wherever you may choose to do it as an Ascended Master. Trust your own biological evolution, since it is happening now.

However, there is a small print warning here: the clearer your choice, the more energy starts to work on the manifestation of such choice, and this may initially create apparent chaos or discomfort. In order to bring to you what you are creating in physical reality, creative energies usually have to "cross" through certain of your energetic patterns in order to transform them and thus transform that given experience. What we intend to say here is that a clear and strong choice or command may take you to experience the opposite, in appearance, of what you are actually choosing. As we have explained before, the energies of any given experience or creation are at their most corrupted point right before it comes full circle in order to take its next quantum step of

evolution. By corrupted we mean that what you perceive more clearly about such energies is precisely what they are not. Therefore, right before any significant point of change, it may seem to you that you are doing something wrong because things may be not working well or even working at all! A change of perspective here becomes pretty handy: energies are acting in the fastest and most effective and loving way to serve you, although this may still be a bit harsh for the human You. If you get worried or afraid of what you are experiencing, then you make it slower —your experience of it in linear time grows longer because your focus is placed on a small subset of the experience. Then as a Master, without the need of processing or understanding, you can be fully aware of the chaos and discomfort you are going through and just allow you to transform it in the present moment with all the tools you now have available. Practice your Mastery and you will realize it.

Another thing we have noted is how physical, emotional or energy discomfort is also interpreted as if something were going wrong. It feels uncomfortable because you are crossing through the patterns of old energy thinking. Some other times the energies you are receiving are so high that they make you feel sick or overwhelmed. Even when your soul comes closer to you, you may feel strange at first because such energies are still rather unknown to your human nature. And then, you feel seduced to try to fix or correct what you are sensing, particularly if you are feeling anxious, angry or physically bad. We invite you to take a moment apart when this happens and just allow any such discomfort in compassion, knowing it is not something that needs to be solved. You do not need to make yourself, or rather force yourself to feel better. Most of the times, if you allow the flow of energies in awareness you will adapt to them a lot quicker. Occasionally, your expectations of Enlightenment prevent you from actually realizing it. Certain parts of the experience can seem really uncomfortable and tough, but that will tend to change as you accept that all is well at all times. The more you accept and open your awareness, the more efficient the energy infusions will be.

So, when will all this integration end? There is not one single and definite answer to that, given that what you call enlightenment is a quantum process, not a linear one. However, as you realize that you are the Master whose consciousness is creating such changes, you will be able to walk through this with ease and grace, and you will

discover how you are creating new; this is where the fun begins! You can dare to make some experiments and observe how they turn out.

And every time when things seem to get complicated and you feel the fear of the old outcomes repeating themselves, just remember that nothing has to be the same anymore. Choose if you want to go through that again; and if you do not know what to choose, then just choose new and surrender to the experience in compassion and trust. It is also good to know that you have all the compassion and trust you need to have at any given moment, just allow yourself to bring them in. Take a bath of compassion, let yourself soak in it as long as you may want.

And then, you may also feel the fear of the unknown. Stop, take one or one hundred deep breaths, as you may need, in the knowingness that such fear is the signpost that you are moving in the right direction.

We love you, Enlightened Ones.

I Am Isis.