

## Your True Self

I Am Isis, Your Divine Voice. We walk with you and sometimes we see you struggling with some mental constructs that limit you from experiencing more of the joy of you.

Words are very powerful creations. They do not only allow communication, which is mostly what humans today use them for, but they rather are pathways for energy flow. However, as everything in this mental era that is coming to an end, words have become very narrow pathways, constrained within very tight thought patterns.

As you first recognize that your thinking is not all that you are, and then start training yourselves to go beyond it, your mind at first undergoes some apparent imbalances as it is released from its usual sources of energy in your body and recalibrates itself to function as part of a grander whole, and even of a grander mind. Your old mind used to feed off from your physical brain and your biology; that is why you would feel so tired after running in loops trying to find a mental solution for a given situation or you could even feel a headache. But have you noticed that whenever you give up thinking, then you are able to perceive other potentials and solutions? These do not come from the mind but from your gnost<sup>1</sup>, the natural source in your being of creative solutions. And then, that solution or clarity is brought to you by your mind in the way of thoughts or ideas so that you can understand it. This is why inspiration has often come during sleep time when your mind and gnost can engage in a more balanced interaction.

I am explaining this now because we see you struggling with an old construct for what you understand as your “True Self”, your “I Am That I Am”. You use the words but sometimes you cannot connect to their meaning. And this is because their meaning, their deeper essence, is still restrained by old mental patterns. So, to assist you in releasing such constructs so that you can reach farther into these potent words, we bring to you some insights we have collected in walking with you. As usual, this is not intended as advice but rather as a pack of energy that you may find useful as you continue to create your own experience as Embodied Ascended Masters.

We ask you to breathe deeply before we continue; invite your imagination in at this point, because in order to expand this concept of your True Self, we will have to dive into the existing doorway of it and then go deeper. And the words we are going to use mostly carry imagery and energy for you to feel.

So let's get going. In linear thinking, you are willing to get in touch and feel what you call your true self, as if it were someone who would come and release you from your ordeals, as if you were going to be eternally happy and at peace when you find it; you will no longer have defects and everything will be perfect. And it is in fact this deep desire which has brought us to this point, so there is no judgment on those ideas. In fact, you sometimes think or feel that you find that, but then it kind of moves away, as

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<sup>1</sup> If you want to know more about gnost, please visit

<http://www.crimsoncircle.com/channelseries/MSNEC%202006/msnec-tobias-07-06.htm>

if it were eluding you. Why so? Mostly because you are thinking of your True Self as if it were only one single expression, but that is linear thought.

Imagine this: what you call God was the original Oneness, singular and eternal. And then, God created its children, granting each of you with your own singularity, yet God also shared the consciousness of each child, so God was singular and multiple at the same time. God was experiencing Himself also through You but remained One within Himself.

As we have explained, Creation has been the experience of duality, given that it was the prime form of recognizing the self: I am something different of, yet similar to what I perceive in my counterpart. And in creating your individual experiences as God also, you too became singular and multiple at the same time. And you have continued to create more and more you's, all of them within the larger singularity of you.

You have had wonderful experiences and lifetimes as humans, all of them fulfilling a part of the knowingness of you. And now, you come to the lifetime of integration, where you become your own Multiple One. In the consciousness of the person you are here and now, you have allowed you to feel that you are so much more than just the characteristics you define as your current personality.

When you utter the words "I Am That I AM", you are the singularity calling upon the multiplicity, and the multiple you's respond to You. This may sound complicated to your mind, so stop thinking it. Just feel into the paradox.

The True Self you are looking for is You! The current you, the one who is reading this, at the moment you recognize and accept that you are so much more. As I said, you are your Chalice, which is allowing this incarnation to go beyond the known and learned limitations of the human being up to now.

Yes, indeed, as this occurs, you will realize that your humanness or present singularity is not fully aligned yet with the multiplicity of you. Imagine an orchestra. It is composed by several different instruments, each of them perfect in itself. And you are the director of the orchestra. Not your soul, not your divinity alone, You. But as you try to get all the instruments to play something together, you may realize that you are not even aware of what instruments are out there. Some of them seem highly dissonant; others are out of tune; others have not been used in a long time and some others may be fully out of order.

All the energy work that you have been doing in the past few years, and in some cases, lifetimes, has been an exercise of re-tuning. Individual instruments are becoming aware of you and you are becoming aware of them. Many of those, which you may call aspects of you, have been pushing you to believe that they are in charge of the orchestra, but now you know that such statements are not true. When you become aware, or at least start trying to accept the idea, that you are the Director, you start commanding order to the orchestra.

The person you are now sometimes finds it hard to believe that you are not just another player, but the Director. It's a matter of a simple realization: Your True Self is singular and multiple, as you claim your "I Am That I Am". Your True Self is not a distant part of you, but if you want to continue just experiencing your multiplicity in separation,

that is what you get. Being true to you does not mean to be true to a part of you that you do not seem to find. It is being true to what you are in every Now moment.

What if you just allow this human you just to learn how to direct the orchestra of You? This is done through experience and trial and error in some cases, but it starts when you accept that you have found what seemed to be lost. And practice makes the MASTER indeed! When you are present in you, in full awareness, you are your True Self. And it is all here feeling and experiencing human life with you, waiting until you want to do something different. Yes, some of the wants and needs of the human are not fulfilled because they are not tuned with the rest of the instruments, because your current identity is also just another part of You. But I can say that you are enhancing your connection with the whole of you and not just with the human and somewhat needy part of you. But that human part is also changing now, integrating into You. And as you become the Director, the well-being of the human is also taken care of.

And then, the players will give their best performance for the Director and the Director will devote himself to lovingly direct the orchestra to play a magnificent symphony. Does this sound like falling in love with you? Yes! Love your multiplicity, you are the Master now. Nothing to correct, just creating more and more sounds together until you get it.

“How can I do this?” you may ask. Experience is the prime vehicle you have as embodied human. You are experiencing the realization of who you are. Surrender to it.

What does this mean in plain human terms? Do what brings joy to your heart. Any misalignments will readily show up, and when they do, you can use the tools of awareness that you now have available to recognize the, transmute, release them. Can you see why you cannot make “mistakes” or bad choices? Compassionate awareness is all you need.

If you withdrew yourself to the top of a lonely mountain, you could recognize this part of you, but it might take a long time. Your desire is so strong and clear that you are now living speedy and seemingly chaotic lives, but you are in the highway my dears! As Masters, you will know when it is appropriate for you to withdraw into silence, and when to dive into life and thus create a joyful and more balanced experience.

But the major point is that You realize that you are the Chalice and that all these experiences are filling you with the sweet wine of your singularity and your multiplicity. This is no longer about searching for your True Self, but about daring to be it. Dare to create the symphony of You.

You are deeply loved,

I Am Isis

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